

The Joint HKIOA-POLYU Seminar Prevention of Voice Disorders: Good Practices for Healthy and Effective Voice Use

| Speaker: | Dr. Estella MA (Associate Professor, The University of Hong Kong) |
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| Venue: | Room Y301, The Hong Kong Polytechnic University, Hung Hom. |
| Date: | 27 November, 2015 (Friday) |
| Time: | 18:30 to 20:00 (reception start at 18:00) |

Programme Highlights:

This seminar will discuss the good practices for healthy and effective use of voice to prevent voice disorders from a speech therapist's perspective by Dr. Estella MA. It covers the following areas:-

- 1) Who are the "high-risk" groups for voice disorders?
- 2) How long can a man talk continuously?
- 3) How can we talk loudly with less strength?
- 4) How can I know if I have a voice problem?

Speaker:

Dr. Estella Ma has started voice, speech & hearing research in 2003. Dr Ma's primary research interest is clinical voice science and disorders. The majority of research has taken a functional perspective and is framed by the health classification scheme of the World Health Organization's International Classification of Functioning, Disability and Health (ICF). Her long-term goal is to develop theory-driven voice assessment and treatment protocols to enhance patient's functional voice communication and hence quality of life. Her key research areas include: voice problems in children; application of motor learning theory in vocal skills acquisition; functional communication disorders; and instrumental (acoustic and physiological) voice analysis. She has made a number of conference and journal papers on these subjects and has received awards from academics for her outstanding teaching and research works.

Registration:

For registration, please fill in and submit the form by 25 November 2015 at the following website:http://www.wal.hk/hkioa/hearing_and_voice.html

The seminar is free of charge for members of HKIOA and PolyU students in first-come first-served based (HK\$100/person will be charged for non-members and other interested parties). A certificate of attendance will be awarded to participants. This seminar may be considered to meet in part of the Continual Professional Development (CPD) requirements of the HKIOA.

Dr Tracy Choy and Mable Chan Co-Chairmen, Women in Acoustics Sub-Committee